

AN OVERVIEW OF CPSC

Introduction:

The Counseling & Psychological Services Center (CPSC) at Florida International University (FIU) offers a full-time, pre-doctoral psychology internship program oriented toward providing a thorough professional training experience within the context of a university counseling and psychological services center. The training is designed to offer clinical experience with a diverse university population through a core program of competencies, including diagnostic, neuropsychological/psychoeducational and personality assessment, individual, couples, and group psychotherapy, and crisis intervention. Additionally, the training program provides interns with the opportunity to develop proficiency in preventative outreach, as well as, consultation/liaison work with psychiatric services, residential life, and academic departments. In accordance with our strength-focused perspective, the training program encourages interns to enhance their strengths and pursue their areas of interest through special projects. Our mission is to expose interns to the University's ethnically, culturally, and clinically diverse population and train them as skilled psychologists capable of functioning successfully in a variety of post-internship employment settings.

Setting and Facilities:

Florida International University is one of the larger, more comprehensive members of the State of Florida University system and has a diverse student body of approximately 38,000. FIU's strong commitment to diversity positions it as a pioneer, actively engaged in responding effectively to the country's increasingly diverse student population. The University is an integral part of the South Florida community, and because of its unique location, provides academic prospects to a multiethnic pool of highly talented students. As a Research I institution, the University also attracts distinguished faculty, including nationally and internationally recognized figures, in all major disciplines.

The Counseling and Psychological Services Center offices are located on the University Park Campus in the University Health Services Complex and on the Biscayne Bay Campus in the Wolfe University Center . The University Park Campus is located in West Miami-Dade County , while the Biscayne Bay Campus is located on a tropical wildlife preserve environment on Miami 's Intracoastal Waterway in northeastern Miami-Dade County . The campuses are approximately one hour's driving time apart. The Center's resources include video-equipped trainee offices, as well as, neuropsychological, psychoeducational and personality assessment resources. As a means of safeguarding confidential student information, CPSC has a server that functions independently from

the University server; connection to the University server is accessed via the Internet. CPSC also uses Titanium - a computerized scheduling system designed specifically for Student Counseling Centers - where scheduling and client data is stored.

Rotations

As mentioned above, CPCS offers services to students at two of the Florida International University campuses. Each semester, interns rotate between the two campuses with one intern serving primarily the University Park Campus (UPC) and the other two serving both campuses. The BBC and UP campuses differ in student population, as well as, clinical opportunities. Therefore, the rotation system permits each intern to benefit from exposure to two different clinical environments. Below is a schedule of the campus rotation system broken down by semester and intern.

Intern Rotation Schedule

Fall Semester

	Mon	Tues	Wed	Thurs	Fri
Intern A	BBC	BBC	UP	UP	BBC
Intern B	UP	UP	BBC	UP	UP
Intern C	UP	UP	UP	UP	UP

Spring Semester

	Mon	Tues	Wed	Thurs	Fri
Intern A	UP	UP	BBC	UP	UP
Intern B	BBC	BBC	UP	UP	BBC
Intern C	UP	UP	UP	UP	UP

Summer Semester

	Mon	Tues	Wed	Thurs	Fri
Intern A	UP	UP	BBC	UP	UP
Intern B	UP	UP	BBC	UP	UP
Intern C	BBC	BBC	UP	UP	BBC

Key

BBC = Biscayne Bay Campus

UP = University Park Campus

University Park Campus: The University Park Campus (UP) provides counseling and psychological services to the largest portion of the student population (n= ~38,000). So, during their two UP campus rotations interns, the intern will carry their heaviest psychotherapy caseload. UP is also the hub of FIU's departmental and student services, and interns will gain most of their liaison/consultation experience at this Campus. Regardless of their rotation, all interns meet at University Park Campus each Thursday to participate in group supervision and seminars, as well as, other core elements of the internship program.

Biscayne Bay Campus: Student demographics varies between the two campuses, with BBC tending to have a larger International and Caribbean presence, and a slightly higher average age. Beyond providing students with counseling and psychological services, the Biscayne Bay Campus (BBC) also offers neuropsychological and/or psychoeducational assessment services.

Counseling and Psychological Services Center

The Counseling & Psychological Services Center is the primary campus-based provider of mental health services, offering treatment to all registered FIU students. The Center provides a full range of services and programs that promote the development and psychological well-being of students and the attainment of personal and academic goals. The CPSC team consists of twelve licensed psychologists, three psychiatric professionals, a post-doctoral fellow, three pre-doctoral psychology interns, and several advanced practicum students that operate clinics on two of the universities' campuses. The CPSC faculty and staff are deeply invested in the internship training program and provide multiple opportunities for mentorship. The exchange between staff and interns is viewed as mutually rewarding and stimulating, and the pursuit of a positive collegial environment is highly valued.

Administratively, CPSC is a department of the Division of Student Affairs and maintains a close working and liaison relationship with other University departments including the Health and Wellness Center, the Department of Housing and Residence Life, Career Planning and Placement, the Office of Disability Services, the Women's Center, the Victim Advocacy Center, the Office of Multicultural Programming, International Student Services, the Office of Student Conduct and Conflict Resolution, and Campus Life.

Philosophy of Training

Practitioner-Scholar Model: As practitioners, the interns integrate scientific theories and findings into their clinical practice. By the nature of CPSC, they are exposed to a multitude of presenting issues and client demographics. This then allows for case conceptualization and execution of theoretical orientation and techniques. As scholars, the interns are encouraged to think critically in an informed manner and evaluate scientific findings pertinent to the field of psychology. This is done, in part, through support of scholarly writing, presentation at cultural case conferences or grand rounds, research and publication in scholarly journals, and editing and critiquing for journals.

Developmental Perspective: This learning experience is incrementally actualized with an understanding of the process of practitioner development. This developmental perspective begins with an early assessment, upon entry, of the interns' competencies and areas of interest, and is followed by a discussion of core and individualized objectives. The interns are then provided with experiences of increasing complexity and are gradually conferred further autonomy and responsibility. Evaluations are held at six months and again at the end of the internship year in order to ensure that core competencies are attained and to provide an opportunity to maximize learning in areas of strength and readjust training to bolster non-strengths. Upon exiting the training program, interns will have compiled a portfolio that demonstrates their cumulative experience and expertise.

Commitment to Diversity: The FIU student body is highly diverse in ethnicity, race, socio-economic status, sexual orientation, and religious beliefs. The University also has a substantial international student body of over 3,000, who represent 125 countries. CPSC's commitment to support diversity arises from a fundamental respect for human rights and an appreciation for the multiplicity of perspectives it espouses. Interns are trained to be attuned to diversity issues arising out of clinical procedures such as diagnosis, assessment, treatment planning, and interventions. Furthermore, interns become increasingly sophisticated in their ability to integrate their understanding of trends common to particular groups while acknowledging the rich heterogeneity existing in these groups. CPSC's internship program not only provides diversity and cultural competency training through clinical activities but also encourages interns to cultivate self-awareness and a deeper understanding of their professional role in the communities in which they live.

Training Program: In keeping with the current trends facing psychologists, the training program prepares interns for competency in diverse psychological roles, giving them more flexibility post-graduation. Interns receive thorough training in clinical competencies including diagnostic, neuropsychological/psychoeducational assessment, and, crisis intervention, triage, case management, and psychotherapy that can be adapted to meet the requisite skills needed for a broad array of psychology-related career trajectories. They also receive training specific to academic or professional environments by establishing liaison relationships with academic and student service departments, functioning as mentors to undergraduate paraprofessionals and engaging in a variety of didactic activities. Additionally, interns are required to select one outreach program component and one administrative committee on which to serve for the entire internship training year. In keeping with the strength-focused approach, interns are required to develop a special project by identifying an area of interest and/or strength, establishing a strategy to expand their expertise, and subsequently materializing their objective with faculty support and guidance. Some examples of special project opportunities include:

- Research projects
- Further specialization in Neuropsychological and/or Psychoeducational Assessment

- The creation of a project addressing issues of diversity.
- The analysis, improvement or expansion of a current service or committee
- The development and/or expansion of an outreach service
- Specialization in a liaison function with an affiliated FIU agency (i.e., Wellness Center , Victim Advocacy Center , Career Counseling)
- The establishment of group treatment for a particular clinical population, or any other project that contributes to clinical aspects of the FIU community.

TRAINING PROGRAM: Internship Activities

Clinical Experience:

Psychotherapy: The Counseling and Psychological Services Center provides individual and couples, short-term psychotherapy to Florida International University students. Given the nature of serving a diverse, urban student population, interns have the opportunity to work with clients who are experiencing varying levels of distress and symptomology. Although brief therapeutic services are typically offered, client care is of the utmost importance, and therefore, clinical supervisors encourage interns to learn a wide-range of theoretical perspectives and incorporate the applicable tenets into treatment plans and case conceptualizations. Interns typically work with 10-14 individual clients on a weekly basis; however, if time and scheduling allow, interns can request to work with additional clients to gain experience working with new populations or presenting issues.

Group Psychotherapy : The Counseling and Psychological Services Center reintroduced the group counseling program in the Fall of 2006. Interns typically co-facilitate one group per semester with a licensed psychologist and receive a one-hour group supervision of group therapy per week. A variety of groups are available to students based on client-demand, such as, interpersonal process, social anxiety, GLBT, and many others.

Walk-in Consultation/Crisis Intervention: A component of the Counseling and Psychological Services Center's internship training is that all interns provide walk-in consultation services on a weekly basis. Each walk-in/crisis team consists of an intern (1st on-call), a staff member, and a senior staff member team leader. The intern on-call for the day will consult regularly with his or her team members, and the level of consultation, although initially high, varies as interns gain competence in crises interventions throughout the year.

Neuropsychological and/or Psychoeducational Assessment: In addition to intake interviewing, all interns have the opportunity to refine existing assessment skills and develop a more sophisticated ability to select, administer, and interpret neuropsychological and/or psychoeducational instruments. Interns are able to gain experience in neuropsychological and/or psychoeducational testing in accordance with their level of expertise. Interns with little training in this area first learn to conduct

neuropsychological and/or psychoeducational intakes, administer personality, neuropsychological, and/or psychoeducational tests, and participate in neuropsychological and psychoeducational training seminars. Interns with more advanced neuropsychological and/or psychoeducational assessment skills will gain extensive experience in test administration, integrated report writing coupled with exposure to a variety of disorders such as learning disabilities, ADHD, and other organic cognitive pathology.

Outreach:

Workshops: The CPSC offers numerous outreach programs to the University community on a regular basis. Per Professors', academic or administrative departments', or residence halls' request, interns typically facilitate or co-facilitate several workshops in the Fall and Spring semesters. Workshop themes can include: issues of diversity, time management, study skills, stress management, body image issues, conflict resolution, and anger management. As a part of the larger University community, CPSC interns also participate in programs that provide incoming or returning students with specific information about available on-campus student services.

Active Minds: (formerly Psychology Career Advising Peer Educators-Psychology C.A.P.E) is a student organization that is devoted to promoting professional development among the student body as well as increasing awareness about mental health issues in the general population. The organization works toward promoting positive mental health across campus.

Consultation/Liaison Relations

The Internship training program strives to prepare future psychologists to rely upon colleagues as resources, and to offer their services to others in a professional manner. In addition to regularly utilizing consultation (i.e., with on-staff Psychologists or Psychiatrists) as a standard of practice within the Center, the staff at CPSC offer psychological consultative services to all University divisions, departments and residences halls.

Housing and Residential Life: At the start of the internship training year, each intern assumes the role of consultant to a particular residence hall. This relationship will continue throughout the academic year. Based on the needs of each residence hall, interns will have the opportunity to help the Residence Life Coordinator and Residence Assistants with program development and implementation, problem-solving, and crisis interventions. Interns are expected to communicate with the Residence Life Coordinator on a regular basis and such communication can be initiated by either the consultant or the consultee.

University Student Services: The Center staff also provides psychological consultation services to University and academic departments such as The Disability Resource Center, University Health Services, International Student & Scholar Services,

The Office of Student Conduct and Conflict Resolution, and the Victim Advocacy Center. Since our Center offers specialized assessment services, consultation between CPSC and Disability Services, coupled with University Health Services, occurs quite frequently.

Case Consultation/Peer Supervision:

During both weekly group supervision and supervision of supervision meetings, interns engage in peer supervision and case consultation activities. A senior staff psychologist supervises these meetings and facilitates the peer exchanges. The senior staff psychologist also demonstrates the model for case presentations and consultation at the start of the training year. Utilizing a formal case presentation format, interns select cases to present in addition to preparing questions (diagnostic or treatment-related) for their peer supervisors.

Training Seminars and Professional Development:

Didactic Seminars: Weekly didactic seminars are an integral part of the internship training experience. Based on the practitioner-scholar model of training, the sequence of training seminars progresses from topics focused on bolstering core competencies to seminars covering more advanced competencies over the course of the year. Initial seminars typically include: law and ethics, diagnosis and assessment, crisis interventions, substance abuse, medication management, short-term treatment planning, and issues specifically related to working with a multicultural, diverse college population. Given the Counseling and Psychological Services Center's close affiliation with several other University divisions and departments, additional required trainings prepare interns for their role within the University setting.

As a unique component of the internship training program, and as a result of CPSC's close affiliation with members of Theodore Millon's research team, interns will have the opportunity to participate in seminars focused exclusively on theory-driven personality assessment and treatment planning. The more specialized training seminars typically occur throughout the spring semester.

Professional Development: Interns have the opportunity to participate in several professional development activities. Interns are also encouraged to attend conferences and workshops throughout the year.

Grand Rounds: In accordance with the Internship training program's goal to expose interns to a variety of experiences, Grand Rounds is held twice per year between CPSC and the Healthcare and Wellness Center. This collaborative effort provides an exchange of psychological and medical information, which increases the total wellness concept of student care.

Scheduling: Example of Weekly Hours: Interns schedules are maintained (i.e., client appointments, supervision, consultation, etc.) on CPSC's Titanium

computer-based scheduling system. Administrative and committee meetings are also considered part of the intern's schedule, and interns are considered members of the professional staff.

A typical weekly schedule will include:

Direct Service Activities: 10-14 clients

On-call, Walk-in Services: 8 hours

Outreach Activities: 3 hours

Individual Supervision: 2 hours

Group Supervision: 1 hour

Group Therapy Seminar/Supervision: 1 hour

Neuropsychological and/or Testing Supervision: 1.5 hours

Administrative Meetings: 1-2 hours

Staff Meetings: 1 hour

Intern Training Seminar: 2 hours

Consultation and /or Special Project: 2-3 hours (varies)

Committee Work: 1 hour

Case Management: 4 hours

Professional Development: varies

Total: 40-45 hours/week*

*Note: Type of service activity that an intern engages in varies, depending on campus location.

Formally Scheduled Supervision

The CPSC recognizes that supervision is the foundation of the internship program and is dedicated to providing quality supervision experiences. All clinical activities of interns are supervised by licensed psychologists. Each intern receives a minimum of four hours of formal supervision per week. Supervision occurs through individual and group

formats and involves live video supervision, as well as, video and audio recordings of client sessions.

Individual Supervision : Each intern is provided with a primary and a secondary supervisor. The supervisors, licensed psychologists on the CPSC staff, are assigned to each intern during the first week of the internship program. The primary supervisor meets individually with the intern a minimum of one-and-a-half hours per week for the entire year. The secondary supervisor meets with the intern a minimum of a half hour per week for the entire year. Both supervisors are responsible for overseeing the intern's psychotherapy cases and fostering professional development.

Group Supervision : Group Supervision is conducted on a weekly basis for one hour and is comprised of the three interns and a licensed psychologist (group supervisor). During group supervision, each intern presents a clinical case and discussion of the cases is facilitated by the group supervisor. Regular presentation of video and audio recordings of psychotherapy sessions may be used to enhance the clinical presentations.

Supervision of Group Therapy: Each psychotherapy group is co-facilitated by an intern and a licensed psychologist. Following each session, the intern and licensed psychologist meet for supervision and to discuss the therapeutic group process within the session. In addition, the three interns as well as all of the licensed psychologists that are involved in the group therapy program meet for one hour each week. Each group is reviewed by the facilitators throughout the course of the hour and they are provided with feedback concerning the therapeutic process.

Supervision of Intern Supervision : In addition to training pre-doctoral level interns, the CPSC is a training site for practicum students from FIU and other universities. Starting in the spring semester, each intern may be provided the opportunity to gain supervisory experience by supervising a graduate-level practicum student's case for one hour per week. The primary supervisor provides supervision of the intern's supervision of a practicum case. The focus of supervision of intern supervision is on discussion of the case, exploring parallel process, as well as, defining and enhancing the interns' supervisory competence. This opportunity is subject to the availability of practicum students.

Supplementary Supervision

In addition to formally scheduled supervision, interns regularly receive supervision from CPSC staff other than the primary, secondary or group supervisor. Interns are encouraged to consult with staff psychologists regarding specific cases and projects as needed.

Walk-in/Crisis Supervision : During weekly assigned walk-in/crisis service day, the intern assesses walk-in clients' appropriateness for short-term therapy at the Counseling and Psychological Services Center . The intern regularly consults with the

licensed psychologists on his or her crisis team. The psychologists on the team provide supervision to the intern on the individual cases presented.

Outreach Supervision : Interns are involved in numerous University outreach programs on a consistent basis. Supervision is provided to interns preparing for workshops and/or organizing/participating in a University program.

Testing Supervision : During the beginning of the internship year, interns shadow the psychologists during intake, assessment, scoring, interpretation and report writing. Once the intern has observed several sessions and is familiar with the procedures, a psychologist observes the intern complete a neuropsychological assessment. In addition, an assessment supervision is held one time per week for 1.5 hours. This session is held in group format, with at least one licensed psychologists, intern and post-doctoral residents involved in neuropsychological and psychoeducational assessment.

Evaluation of Intern Performance:

Intern performance and competence is assessed on an ongoing basis through various methods throughout the year. Evaluation methods include direct observation, review of video and audio taped therapy sessions, review of psychosocial reports, progress notes, treatment plans and assessment reports, review of workshops and case presentations, and anonymous feedback from client surveys.

Prior to beginning clinical work, each intern completes a baseline of his or her individual skills. The baselines are reviewed with the intern's primary supervisor. In addition to ongoing feedback, formal written evaluations to assess the progress and skill of the intern are conducted by the primary supervisors of each intern at the mid-point and end of the internship year. The evaluations are discussed in supervision. All formal evaluations are reviewed by the Internship Director who meets with each intern individually to discuss progress. Interns are provided with an opportunity to complete evaluations of primary supervisor, group supervision, and the internship experience.

Benefits

Salary : Intern Salaries for the 2010-2011 fiscal year are budgeted at \$23,660 with the contract period being from August 13, 2010 through August 12, 2011.

Vacation and Sick Leave : There are approximately 10 paid holidays. Limited leave for professional activities such as dissertation defense, job interviews, conferences, etc., is granted as well.

Professional Development : All interns are given professional development and/or dissertation release time; the scheduling and use of professional development hours are prearranged with the training director and vary over the course of the year.

Professional Staff

Cheryl Singleton Nowell, Ph.D. has been at F.I.U. since 1994. Dr. Nowell is the Director of the Counseling & Psychological Services Center (CPSC), Division of Student Affairs at Florida International University. She is a graduate of the Clinical Psychology Program at Kent State University, Kent, Ohio. Dr. Nowell has been licensed as a psychologist in the state of Florida for over 20 years. The professional organization with which she is most actively involved is the Association of University and College Counseling Center Directors. Dr. Nowell has presented nationally on topics including crisis management and recovery, management skills and accountability. CPSC is intricately involved with both Academic and Student Affairs departments at the University. Areas of interest include higher education administration, crisis management and multicultural counseling.

Raysa C. Richardson, Ph.D. has been at F.I.U. since 1989. Dr. Richardson is the Associate Director and Coordinator of the Clinical Practicum Training Program and the Post-doctoral Training Program. She graduated from the University of Florida in 1976 and has a post-doctoral degree from the University of Miami . Dr. Richardson is a licensed psychologist in the state of Florida . Dr. Richardson is very interested in issues related to Cuban-Americans, minorities and multicultural approaches to therapy and acculturation. She provides psychotherapy services at the University Park Campus. She enjoys working with the college population in individual, couples and group therapy. She is a member of the internship training committee.

George Sheppard, Psy.D. has been at F.I.U. since 1997. He is an Assistant Director and Crisis Coordinator. He received his doctorate in clinical psychology in 1998 and is a licensed psychologist in Florida. Dr. Sheppard earned a masters degree from Old Dominion University in Norfolk, Virginia and received a masters degree and a Doctor of Psychology degree from Nova Southeastern University in Ft. Lauderdale. He completed an internship at the Counseling Center at the University of New Hampshire. He employs an integrative therapy style that is guided by his belief that our relationships, past and present greatly affect our sense of well being and fulfillment. Dr. Sheppard is also interested in the use of media and technology as they relate to psychological services and uses his background in television and the visual arts in the development of projects that are focused on the needs of college students. He is a member of the internship training committee.

Carlos J. Gomez, Ph.D. joined our staff in August of 2004. He is an Assistant Director and the Pre-Doctoral Internship Training Coordinator. In addition, Dr. Gomez coordinates the Group Therapy Program and serves as a members of the Quality Assurance, Research, and Practicum/Post-Doctorate Committees. In addition to his clinical and supervisory responsibilities, Dr. Gomez conducts the substance abuse screenings for students referred by the various departments and organizations on campus. He also serves as an adjunct professor for the Department of Psychology in the Counseling Psychology Masters Program. He received his undergraduate, masters and doctoral degrees from the University of Miami. He completed his internship and

post-doctoral residency at Citrus Health Network, Inc., one of the largest community mental health centers in South Florida, where he gained experience with a wide variety of clinical and subclinical populations. Dr. Gomez has presented at professional conventions and has served as a rater/investigator in the clinical trials of psychotropic medications. He practices as a generalist with a client-specific, transtheoretical perspective on the treatment of personality, familial, interpersonal, mood, and anxiety disorders. Dr. Gomez is a member of the Association of Counseling Center Training Agencies (ACCTA) and holds a part-time private practice in the community.

Rowena Ramnath , Psy.D . joined the Counseling and Psychological Services Center as a university psychologist in August, 2005. She is an Assistant Director and the Forensic Coordinator as well as Outreach Coordinator. She also serves as an adjunct professor for the Department of Psychology, as well as a clinical supervisor for the pre-doctoral internship program at the Counseling Center. Her experience at FIU's Counseling Center began in 2003 when she worked as a Psychology Intern, and then in 2004 as a Post Doctoral Fellow. Dr. Ramnath attained her Doctorate in Clinical Psychology, Forensic concentration, at Carlos Albizu University, Miami, Florida. Her responsibilities at the Counseling and Psychological Services Center include partnering with the Office of Student Conduct and Conflict Resolution and providing staff with updates in the field's laws and rules. She is also noted for her research in the area of Internet Addiction and developed the *Online Usage Inventory*. In addition, she is in close association with Dr. Theodore Millon, with whom she has co-authored the textbook, *Personality Disorders in Modern Life-Second Edition*.

Liane Dornheim, Ph.D., is a licensed psychologist with a concentration in Neuropsychology who has been at FIU since 2000 when she completed her internship at our Center. She received both her masters and doctorate degrees at the University of Hamburg. She completed a second Ph.D. program for clinical psychology at Nova Southeastern University with a specialty in neuropsychology and has been licensed as a psychologist in Florida since 2001. Dr. Dornheim's interests include Neuropsychology, Psychological Assessment, Behavioral Medicine, & Assessment Research. She is the coordinator of our neuropsychological laboratory & is actively involved in intern & postdoctoral training. As a researcher with international recognition, she also holds the position as the Chair of the Research Committee at our Center and she is known to give interns and postdoctoral students willing help with their research projects.

Teresa M. Finch, Psy.D. holds a doctoral license as a clinical psychologist with over 20 years experience in the mental health field having been first licensed as a mental health counselor in 1987, a license she still maintains. Dr. Finch has worked in a myriad of therapeutic settings and with various clinical populations including hospital (in-patient adolescent for 8 years and outpatient adult), agency adult, PHPs (dual diagnosis), elementary and high schools (individual and group therapy with children), in- home settings with families and children in Liberty City and Homestead. In addition, she has done extensive private practice work. Dr. Finch has been working part time at FIU's Biscayne Bay campus since 2006 and maintains a part time private practice with a group in East Fort Lauderdale where she provides individual and couples therapy. In

addition, Dr. Finch has been an Adjunct professor at Carlos Albizu University for over 11 years in the Master's program. She has done research on Relationship Satisfaction and couples. Her other interests include individual and couple's counseling, psychopathology including mood disorders, wellness and health and the college population. In addition she has worked with children, adolescents and families and also with the elderly.

Jose Sandoval, Ph.D. joined the Counseling and Psychological Services Center as a University Psychologist in December 2007. Dr. Sandoval earned his Ph.D. in clinical psychology from the University of Miami. Following his internship at the University of Miami Counseling Center, Dr. Sandoval completed a one year residency position at the Renfrew Center, an inpatient residential facility that specializes in the treatment of eating disorders. Dr. Sandoval also holds a part-time private practice in the community. Dr. Sandoval's clinical interests include mood disorders, mindfulness meditation, trauma, and eating disorders.

Valerie D. Lannon, Psy.D. joined the FIU Counseling Center in April 2008. She is a Licensed Psychologist fluent in English and Spanish. She received her Doctoral Degree in Clinical Psychology from Nova Southeastern University. She completed her Internship and Post Doctoral education at Jackson Memorial Hospital where she gained experience working with inpatient and outpatient populations and administering psychological testing. After her Post Doctoral residency, Dr. Lannon worked at the FAU Counseling Center in Davie. As the Head of the Center, Dr. Lannon offered individual and group counseling to students and their families, conducted psychoeducational workshops, and supervised doctoral students in training. In addition, she was an Adjunct Professor in the FAU Psychology Department and NSU Doctoral program and she was in private practice in Aventura before joining FIU. Her professional interests include mood and anxiety disorders, women's issues, personality disorders and couples therapy.

Lynnette Austin, Psy.D., joined FIU as a part-time psychologist in May 2008. She is a licensed psychologist in the state of Florida. She received her undergraduate degree in 1995 from Saint Thomas University, Miami, Florida. Dr. Austin received her masters degree in 2000 and a doctorate degree in Clinical Psychology, Forensic concentration in 2002 from Carlos Albizu University, Miami, Florida. Prior to joining CPSC, Dr. Austin worked in both inpatient and outpatient settings, including her practicum and internship at the federal bureau of prisons. She is interested in forensics, minorities and multicultural issues, and providing individual therapeutic services to adolescent and adult populations. In addition, Dr. Austin is an adjunct professor at Miami Dade Community College.

Lilian Odera, Ph.D., joined the Counseling and Psychological Services Center in 2007 as a postdoctoral fellow and stayed on the CPSC staff as a licensed psychologist in 2008. Dr. Odera completed her Ph.D. in Clinical Psychology and internship at the University of Michigan at Ann Arbor. Her clinical interests include multicultural counseling with ethnic minority populations and how they navigate cultural stressors as

well as other diversity issues pertaining to the college experience. Her research interests include immigrant health with a focus on the acculturative processes, expression of distress, stressors, social support, spirituality, religiosity, religious coping strategies, health outcomes, and help-seeking behaviors among immigrants in the United States. Dr. Odera also serves in the CPSC research team as well as an adjunct professor in the FIU Department of Psychology in the Counseling Psychology Masters Program. Additionally, Dr. Odera serves as the coordinator of the “Brown Bag” multicultural training seminars at CPSC.

Past Pre-Doctoral Interns – Home Institutions

Pre-doctoral Interns (2000-2001)

Carlos Albizu University , Miami , FL
Wright Institute, Berkeley , CA
Georgia School of Professional Psychology, Atlanta , GA
Nova Southeastern University, Ft. Lauderdale , FL

Pre-doctoral Interns (2001-2002)

Carlos Albizu University , Miami , FL
Carlos Albizu University , Miami , FL
Nova Southeastern University, Ft. Lauderdale , FL

Pre-doctoral Interns (2002-2003)

Chicago School of Professional Psychology, Chicago , IL
Carlos Albizu University , Miami , FL
Carlos Albizu University , Miami , FL

Pre-doctoral Interns (2003-2004)

Carlos Albizu University , Miami , FL
University of Miami , Coral Gables , FL
Carlos Albizu University , Miami , FL

Pre-doctoral Interns (2004-2005)

University of Georgia , GA
Carlos Albizu University , Miami , FL
Argosy University , Honolulu , Hawaii

Pre-doctoral Interns (2005-2006)

University of Miami , Coral Gables , FL
Nova Southeastern University, Ft. Lauderdale , FL
California Institute of Integral Studies, San Francisco , CA

Pre-doctoral Interns (2006-2007)

Carlos Albizu University, Miami, FL
Carlos Albizu University, Miami, FL
Nova Southeastern University, Ft. Lauderdale, FL

Pre-doctoral Interns (2007-2008)

Nova Southeastern University, Ft. Lauderdale , FL
Argosy-Florida School of Professional Psychology, Tampa, FL
University of Miami, Coral Gables, FL

Pre-doctoral Interns (2008-2009)

University of Miami, Coral Gables, FL
Howard University, Washington, DC
Wright Institute, Berkeley, CA

Pre-doctoral Interns (2009-2010)

Nova Southeastern University, Ft. Lauderdale, FL
University of Miami, Coral Gables, FL
Florida Institute of Technology, Melbourne, FL

Eligibility and Application Procedures

In an effort to select individuals who are the best match for our training program, we welcome applications from students seeking Counseling Center training experience in a particularly diverse setting. Completion of all required coursework, a minimum of 400 hours of practicum experience, and completion of a comprehensive examination in a doctoral level APA approved counseling/clinical psychology program is required for consideration. It is strongly recommended that applicants have proposed their dissertations prior to the start of the internship training year. Moreover, women, minority, disabled, and diverse lifestyle candidates are also strongly encouraged to apply.

Interested candidates should submit the following:

- 1) A completed APPIC Universal application form (including verification of eligibility and readiness), which can be found at <http://www.appic.org>
- 2) Three letters of recommendation (two from supervisors of your clinical work)
- 3) Current vita
- 4) Graduate transcripts

Complete applications must be submitted via the AAPI online Process by November 11, 2009:

In-person interviews will be arranged with semi-finalists following the application deadline. Telephone interviews will only be considered in the most extreme cases.

Any questions regarding the internship or application should be directed to Carlos J. Gomez, Ph.D. by calling (305) 348-2434 or via e-mail: gomezcj@fiu.edu

The Counseling and Psychological Services Center is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC). The Counseling and Psychological Center will be participating in the APPIC computer match for this application period. This internship is accredited by the American Psychological Association (APA).

Florida International University is an Affirmative Action/Equal Opportunity Employer. We're particularly interested in identifying prospective women, minority, and handicapped intern applicants. In accordance with federal and state laws, no person in whatever relationship with Florida International University shall be subject to discrimination on the basis of age, religion or creed, color, disability, national origin, race, ethnicity, sex, marital or veteran's status.

The information presented here is correct at the time of publication and is subject to change.