



Toga Times

Florida International University

January 2009

*"Letters today,
Leaders tomorrow."*

- Anonymous

Inside this issue:

SLG Probate Show	1
Dance Marathon	1
New Year's Resolutions	2



Say Something!

Is your organization hosting an event? Want to share your philanthropy or study tips?

Submit your stories to shirley.armenteros@hotmail.com by **February 20** and we will review your article for publishing in the next issue.



Sigma Lambda Gamma Probate

Submitted By: Shirley Armenteros

Probate, surfacing, come-out show, unveiling, ... although known by many different names, the revealing of an organization's newest members is always an exciting moment. For the members of the National Pan-Hellenic Council (NPHC) and the Multicultural Greek Council (MGC), probate shows are the final step in a neophyte's (new member) education program.

NPHC and MGC organizations do not participate in formal recruitment or rush, they have an intake program that is to remain a secret to the Greek community until their probate show.

Sigma Lambda Gamma is a Latina-based sorority that celebrates its multicultural membership nation wide. Founded on

FIU's campus in 2006, the Gammas will be having their fourth probate show on Thursday, January 29, 2009. It will begin at 9:30 p.m. at the



Sisters of Sigma Lambda Gamma in the Graham Center

Primera Casa steps. All students are welcome to attend and enjoy the introduction of their Fall 2008 line.

Dance Marathon...

Submitted By: Kate Stuart

The first Dance Marathon was held at Penn State in 1973. Since then, over 75 colleges and universities participate in Dance Marathon each year benefitting their local Children's Miracle Network Hospital. FIU's

Dance Marathon was founded on the University's 25th Anniversary and is currently entering its 12th year of raising funds for Miami Children's Hospital.

Since its establishment in 1997, FIU DM has

raised over \$600,000 with 100% of the proceeds directly benefiting the children at Miami Children's Hospital. DM at FIU is a 25 hour marathon in which participants will stay on

In One Year, Out the Other

By: Neil Osterweil

Article From www.webmd.com

Here's a New Year's resolution anyone can keep: Resolve not to make any more New Year's resolutions.

Now, wasn't that easy?

If you're trying to pay down your credit cards, quit smoking, get a new job, find a mate, or shed some excess poundage, abandoning New Year's resolutions won't get you off the hook.

But by setting more realistic goals for yourself and not limiting yourself to a once-a-year, do-or-die, all-out assault on that Everest of debt, those flabby thighs, or the hideous wallpaper you keep meaning to replace, you may find that the finish line isn't so far away after all.

Or as the Rolling Stones put it, "you can't always get what you want, but if you try sometime, you just might find you get

Popular New Year's Resolutions

According to USA.gov, the nation's official Web portal, Americans commonly resolve every January to:

- Manage debt/save money
- Lose weight
- Get a better job
- Get fit
- Eat right
- Get a better education
- Drink less alcohol
- Quit smoking
- Reduce stress overall and/or at work
- Take a trip

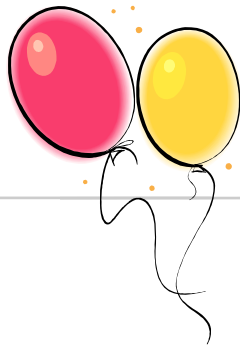
The first and most important step to keeping New Year's resolutions, there-to un-fore, is



Understand your goals, perhaps with the help of a professional who knows how to ask the right questions and help you focus on what you really want and how best to achieve it, she says.

Happy Founder's Day To:

Tau Kappa Epsilon
Alpha Omicron Pi
Alpha Kappa Alpha
Delta Sigma Theta
Kappa Alpha Psi
Phi Beta Sigma
Zeta Phi Beta



...For the Kids!

DANCE, Page 1

their feet pledging their time and dedication to saving the lives of children.

Dancing is only a small portion of what takes place during the 25 hours. Different activities such as karaoke, basketball, Guitar Hero, rock climbing,

morale hours, and bounce houses are examples of different activities at Dance Marathon.

We also have special guests that come throughout the marathon. These guests include popular DJ's, Miami Heat Dancers, DJ Irie, Florida

Marlin Mermaids, and the Salsa Kings. Miracle Children, which are inspirational survivors from Miami Children's Hospital, visit DM each year to help motivate and thank dancers for their contributions to the hospital.

DM will be Saturday,

noon and will end on Sunday, February 1 at 1pm. If you are interested in signing up to be a dancer, please visit www.kidsmiracles.org/ fiudm or stop by the Dance Marathon office in GC 2210 if you have any other questions."